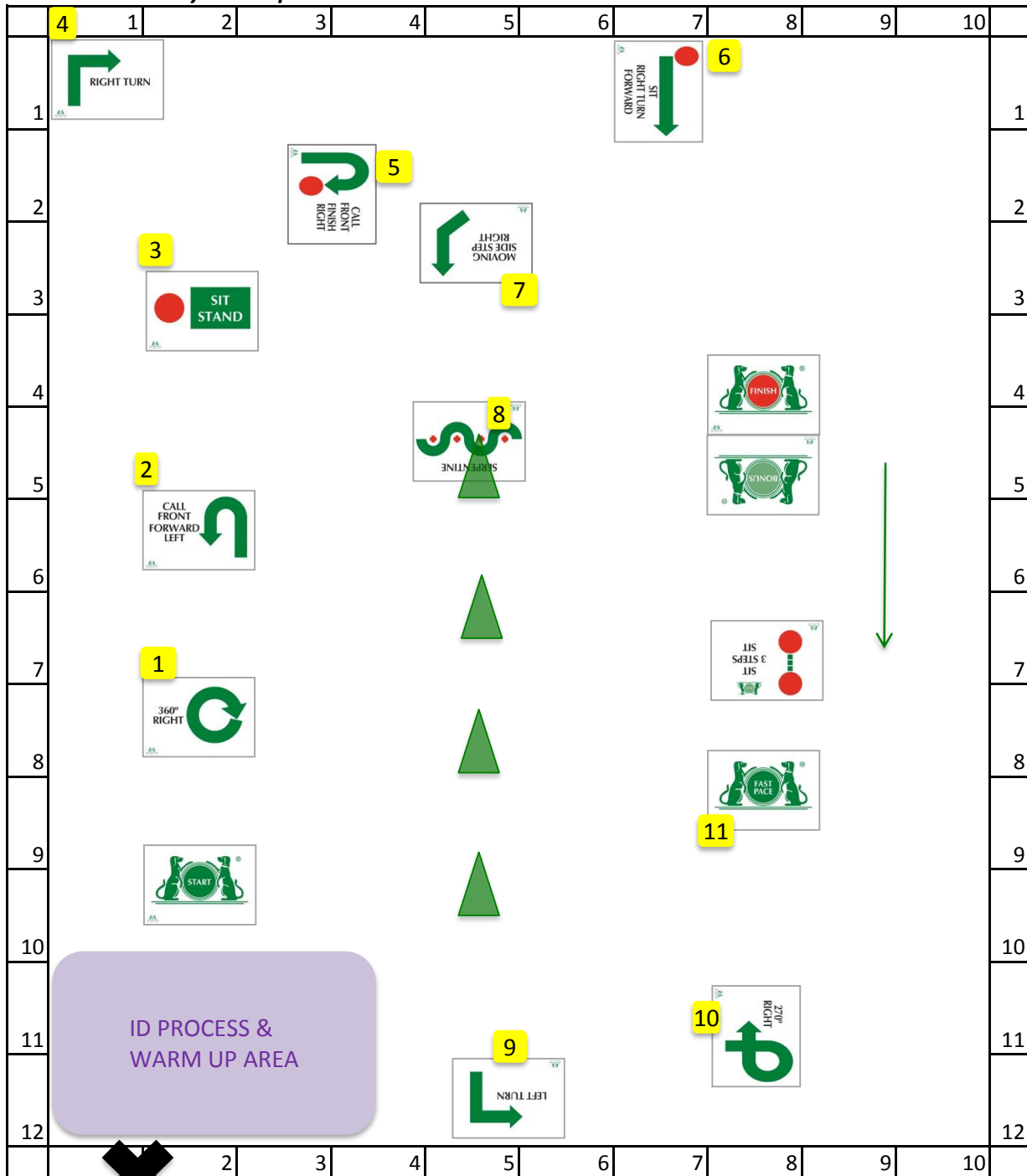


Level 1 ROL May 20 "Open size" Course



Start	Exercise	KC sign no
1	360 right	10
2	Call front forward left	12
3	Sit stand	2
4	Right turn	5
5	Call front finish right	13
6	Sit, right turn & forward	19
7	Moving side step	18
8	Serpentine	22
9	Left turn	6
10	270 right	9
11	Fast pace	16
Finish		
Bonus	sit, three steps, sit	B3

Notes - green arrow shows where the bonus exercise should be executed